

Wilmington 10k Road Race & 2k off Road Fun Run

Sunday 31st October 2010

Wilmington Grammar School for Boys, Wilmington Hall,
Common Lane, Wilmington, Kent

10k start 9:45am Fun Run start 9:15am

A BARR Member Event

Mementoes will be awarded to all finishers
Course records held by:

10k prizes according to entries
N Francis Shaftsbury Barnet Harriers
A Green Dartford Harriers

30 min 52 sec
35 min 05 sec

Fees £10.00 Affiliated £12.00 Unaffiliated £2.00 Fun Run

Closing date 18th October 2010 or when the entry limit is reached. Universal forms are acceptable.

Entries on the day will be accepted, closing 9:00am

10k £15.00 : Fun Run £3.00

Entries on the day may not appear on initial results



Mr S Fountain 3 Parkside Road Belvedere Kent DA17 6DJ



01322 442203



Please Tick 10K Fun Run State Club or Unaffiliated

Name.....

Address.....

..... Age on day D.O.B

Age Categories Open Male 40+ Male 50+ Male 60+
 Open Lady 35+ Lady 45+ Lady 55+

Please make CHEQUES PAYABLE to D.D.S.C.P.A.

SEND A **LARGE** STAMPED ADDRESSED ENVELOPE FOR RETURN OF JOINING INSTRUCTIONS AND NUMBER

I declare that I will abide by the laws and rules of the UK Athletics. I am not under the minimum age to complete in the main event (15yrs). I accept that the organisers will not be liable for any loss, damage, action claim costs or expenses which may arise in consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day of the race. I will only compete at my own risk. I understand that my entry is subject to the approval of the promoters and that the entry is not refundable.